

# Maternal and Child Health Program

American Academy of Pediatrics Parent Resources 2003, English and Spanish

1. **Caring For Your Baby and Young Child Birth to Age 5**, soft cover
2. **Your Baby's First Years**, soft cover
3. **Child Care Series**, set of 3 volume hardcover books covering young child, school age, and adolescent to 21

[The Bright Futures](#) publication books:

1. Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents (2nd ed., rev.)
2. Bright Futures in Practice: Mental Health
3. Bright Futures in Practice: Nutrition
4. Bright Futures in Practice: Physical Activity
5. Bright Futures in Practice: Oral Health

**Adventures in Parenting**, National Institute of Child Health and Human Development, NIH, Contact: NICHD Clearing House at 1-800-370-2943, Fax: 301-984-1473, 25 copies free.

**Celebrating Diversity: Approaching Families Through Their Food**, Revised Edition: Available from National Maternal and Child Health Clearinghouse, 2070 Chain Bridge Road, Suite 450, Vienna, VA 22182-2536, Phone: (703) 356-1964, Fax: (703) 821-2098.

**National Safe Kids Campaign Resource Catalog** publishes many educational materials about injury prevention and are available for distribution to families in the community. Call toll free 1-800-289-0117 or visit [www.safekids.org](http://www.safekids.org)

**Dr. Spock's Baby and Child Care** (1992, 6th ed.). Spock, B. New York: Simon & Schuster.

**Family Manager's Guide for Working Moms, The** (1997). Peel, K. Ballantine Books.

**Fatherneed: Why Father Care is Essential as Mother Care to Your Child.** (2001) Pruet, K.D. Broadway Books

**Games to Play with Babies, Games to Play with Toddlers, Games to Play with Two-Year-Olds** (1993). Silberg, J. Gryphon House

**Materials For Families of Students with Exceptionalities and Those Who Work with Families: Annotated Catalog** (1996) Available from the Clearinghouse/Information Center, Bureau of Student Services and Exceptional Education, Florida Department of Education.

**Touchpoints:** Your Child's Emotional and Behavioral Development. (1992). Brazelton, T.B. Perseus Books.

**Parents.** Subscriptions available from Parents, P.O. Box 3955 Harlan, IA 51593-2119. Regular features on behavior, health and safety, and healthy development.

**Exceptional Parent.** Subscription available from Exceptional Parents, 555 Kinderkamack Road, Oradell, NJ 07649 or (201) 634-6550. Regular features for parents of children with disabilities on meeting their special need, includes resource guides and information about parent organizations.

**Parenting.** Subscriptions available from Parenting, P.O. Box 52424, Boulder, CO 80323-2424. Features regular address issues such as healthy growth, childhood illnesses, and development. Also, contains parent-buying guides.